

Impact Report





# THE IMPACT OF YOUR SUPPORT

### Thanks to you, 2018 was a year filled with excitement and achievement at West Park.

In August we announced that EllisDon had been awarded the contract to design, build, finance and maintain the new hospital. It was the culmination of a decade of dreaming and working behind the scenes. We released details of the winning design and renderings of the beautiful new building and grounds – and were excited to see how our transformation will enhance treatment and improve the care experience for our patients and their families.

September saw a touching ceremony to bless the trees and land of West Park in advance of construction. Then in October we held the official groundbreaking. Our whole community came together, and our dreams became tangible. For all of us, it was a very special moment. The year ended with the official signing of the Community Benefits and Apprenticeship Declaration, at which West Park became the first Ontario hospital to include a community benefits component in the development of a major new public infrastructure project.

All this activity energized and inspired our supporters. Your generosity reached new heights in 2018, resulting in the largest number of donations to date to the **Get Your Life Back Campaign**. With 44% already raised, we are well on our way to meeting our Phase 1 target of \$50 million.

None of this would be possible without your vision, generosity, and commitment. With your help, West Park will set a new standard of patient care, and advance research in critical areas for our aging population. With your help, we will bring new hope to many who have experienced life-changing illness or injury, helping them return to their families, homes and communities. With your help, more people will get their lives back.

On behalf of all the people who depend on West Park, thank you.



**Georgina Steinsky** Chair, Board of Directors

Joanne Cole
Chief Executive Officer

## BIGGER, BETTER, EMBRACED BY NATURE WEST PARK'S NEW HOSPITAL INSPIRES GENEROSITY

"West Park has helped me get my life back in so many ways. Everyone looks out for me, and I feel very comforted by that. I don't know where I'd be without this place."

That's Glenn Kitchener. Glenn has COPD and has been coming to the Day Hospital for care for the past eight years. He's just one of many patients who has benefited from the expert care and deep compassion provided by the team at West Park.

Soon West Park will have the facilities to match the courage of our patients and the commitment of our staff. Our magnificent new hospital will benefit even more patients like Glenn, helping them to recover and get back home following serious illness

and injury, and to remain at home while living with chronic disease.

"Our patients are often faced with months of hard work before they can return to their daily lives, and they deserve the very best care we can provide on their difficult journey," says Anne-Marie Malek, CEO of West Park Healthcare Centre. "The design of our new hospital is focused on giving them that support, and providing a great patient and family experience."





The building will be filled with natural light, with views of green space from every window. It will be surrounded by beautiful gardens, trails, and outdoor rehabilitation spaces, facing the Humber Valley. With specialized therapy gyms on every floor and related services nearby, it will be easier for patients to get to the care they need; while private rooms and washrooms will provide greater comfort and privacy during their stay.

After a ceremonial groundbreaking in 2018, preparatory work is under way and excavation will begin in the late fall. While most of the funding for this massive project will come from the Ontario government, our community is required to contribute as well. West Park Foundation has launched the \$80 million **Get Your Life Back Campaign** to help build and equip the new hospital.

Several visionary corporations have already stepped forward to generously support the project:

- A leadership gift of \$800,000 from TD Bank Group to create the TD Patient, Family and Staff Resource
  Centre will provide the West Park community with access to a vast body of up-to-date and relevant
  healthcare knowledge and information. The gift will also support advanced specialty training in skin and
  wound treatment for nursing staff.
- The RBC Day Hospital, made possible through a \$500,000 contribution by RBC Foundation, will help more patients living with chronic lung disease get the care they need and still go home at night. This expanded outpatient clinic will also include a new geriatric service, enabling seniors to live at home longer.
- BMO's donation of \$500,000 to create the BMO Prosthetic and Orthotic Lab will significantly enhance the treatment and care of patients rehabilitating after losing a limb from a traumatic accident or illness.
- The Scotiabank Youth Transition Program, made possible through Scotiabank's gift of \$500,000, will empower young people with chronic healthcare needs as they move from pediatric care to adult care.
- A \$200,000 donation from CIBC to create the CIBC Inpatient Amputee/MSK Gymnasium, which will
  be designed to maximize the therapeutic benefits for patients who have lost a limb or suffered serious
  musculoskeletal trauma.

"We are grateful for the vision and generosity shown by our donors," says Joanne Cole, CEO of West Park Foundation. "Each and every gift to the Get Your Life Back Campaign will support our patients as they work to get back to their lives, their homes and their families."



### West Park helped David Weishuhn get his life back. Now he's helping build the new hospital.

David Weishuhn considers himself "a very lucky person."

In 2006 he developed Guillain-Barré Syndrome, a rare disorder in which the body's immune system attacks the myelin cover of the nerves, causing weakness and potentially paralysis. David says he was lucky that he was diagnosed and got into treatment quickly. He's also lucky, he believes, that he was able to rehabilitate at West Park, close to his home and business. "It's a very caring environment," he says. "If you're willing to do the work, the staff will do whatever they can to get you to the best possible condition." And he is fortunate enough to have made a full recovery.

To express his appreciation to the staff who cared for him, David made a parting gift of a high-end coffee machine. He jokes that, "West Park saw that as evidence that I was willing to give!" When he was back at work, he was approached by the Foundation to help with the creation of a gateway sign on Eglinton Avenue. Recognizing that West Park was "a hidden jewel," he and a colleague sponsored the sign, one of the first tangible steps toward the new hospital.

In 2013, he joined the Foundation board, serving for six years. During this time, he was a generous

sponsor, through his family's business, Blue Flame Heating & Air Conditioning, of the Foundation's signature fundraising events. The company, now led by David, was founded by his father in 1957.

As his board term comes to an end, David and his family have made a leadership gift to West Park, to name the Weishuhn Auditorium. In addition to his own experience as a patient, his father spent his final days at the hospital, and his mother-in-law underwent rehabilitation there following two hip fractures.

The auditorium is often described as the hospital's family room. It is a meeting place where staff, patients, families and others share information and enjoy special events and presentations. The auditorium will be a feature element in the new hospital, an interesting organic shape with light-reflecting cladding, reached by an elegant staircase from the main entrance. The complex will also include conference rooms, seating areas, and a servery.

"There aren't many meeting places at West Park today," says David. "We're hoping the auditorium will be a central focus for the community. It's an honour to have my family's name associated with it."

# A TRAIL OF NEVER-ENDING LOVE

The first time he saw his future wife was across a badminton court. "She was beautiful, everything I had ever imagined in a woman," says Gordon Wilson. For more than 60 years of marriage, his feelings never changed. Throughout their life together, he showered her with gifts, small pleasures, respect, care and love. Now he is honouring her memory with a special gift.

Gordon loves telling stories about his life with Audrey. On their first date, Valentine's Day, he brought her a wrist corsage with a yellow orchid. They bought their first Toronto home for the princely sum of \$12,000 and together they raised five children. Audrey's charm and poise helped further Gordon's career with Eastman Kodak. "When I first got married, my friends called me the luckiest man alive! I'm 94 now, and I'd match up my life to anyone – it's been pretty great," says Gordon.





Gordon was a member of the Board of Directors at West Park from 1989 to 1994 as a representative of Kodak. Later in life, both he and Audrey learned first-hand how West Park helps people facing serious illness. Audrey received respite care at West Park, and spent her last two years at the Long-Term Care Centre, while Gordon has pulmonary fibrosis and is receiving care at West Park's renowned pulmonary rehabilitation clinic. Recently, he made a \$250,000 donation to West Park, which will be recognized through the naming of the Audrey Wilson Therapy Trail.

It's an appropriate choice: Gordon and Audrey enjoyed hiking together with a group of fellow enthusiasts. Gordon says Audrey preferred "comfortable hiking," in Italy, Germany, Switzerland and on the Bruce Trail. He went on to tackle tougher terrain, hiking Kilimanjaro, Everest, Machu Picchu and in the Antarctic.

The Audrey Wilson Therapy Trail at the new hospital will be part of the massive West Lawn, a calm, park-like setting facing the Humber Valley, offering a range of physical challenges for informal and formal therapy. Outdoor fitness equipment, shaded benches, art installations, and landscape features will create interest. This generous gift will benefit future patients and their families by connecting them with the healing and life-giving benefits of nature.

"We're honouring a woman who would probably say, 'what's all the fuss about?'" says Gordon with a smile. "But she was the greatest thing in the world to me."

# KAYLEIGH'S DREAM BECOMES A LASTING LEGACY

Kayleigh Shannon dreamed of working in prosthesis design and development, a career path she hoped would one day lead to a job at West Park's Prosthetic and Orthotic Service. She was inspired by the work happening at our busy prosthetic lab after her family watched a segment about West Park on the Rick Mercer Report.

"We had talked about the episode," says Dean Shannon, Kayleigh's dad. "It had just aired the week before she passed."

Kayleigh died suddenly in her sleep at the age of 19 from a heart condition known as Long QT syndrome. She was in her second year at the University of Guelph, where she was studying biomedical engineering.

At the funeral, in lieu of flowers, Kayleigh's family named West Park Foundation for memorial donations. There were 600 people at the visitation, and they started to donate. And that's how the Shannon family's fundraising began. Since 2017, Kayleigh's family and friends have mobilized their grief to raise over \$25,000 in support of West Park.

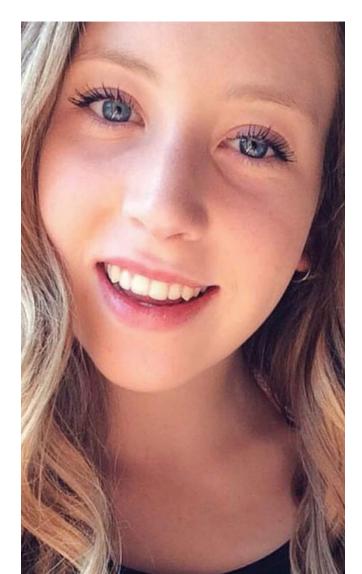
"We couldn't just let her pass and go without doing something that honoured her memory," says Dean. "It felt like the right thing to do, the sort of thing that she would want us to do: to continue the work that she set out to do herself and didn't get a chance to complete."

Kayleigh's first dream was to be an elite skier and compete at the World Championships. Then one day at Kimberley Ski Club, she came across single and double amputee skiers. This moment sparked her desire to help athletes recover from life altering disabilities.

Dean and Clare Shannon organize an annual coffee house on their farm to celebrate their daughter's life. Surrounded by family, friends, live music and good food, proceeds from the event have helped them reach their fundraising goal. A space in West Park's new prosthetics and orthotics centre will be named after Kayleigh, and her legacy will help West Park's patients as they strive to live fuller, more independent lives.

The newly designed centre will be more than double the size, accommodating innovative and new technologies to better serve our growing patient population, and include an enhanced gait assessment area and greater privacy for patients.

"Now that we've reached the goal, we want to continue to do the work on behalf of West Park," says Dean. "Because it feels like her story is not finished yet."



# GRATEFUL FOR OUR CARE, A FAMILY GIVES BACK

Life can change in a moment.

Devinder Basra left her home in Etobicoke one morning to go to temple. As she walked along the sidewalk, a car careened off the road and struck her. She became stuck under the car but managed to give her home phone number to a bystander. He called her son, Vicky.

When Vicky arrived at the scene, she was still under the car. A tow truck had to lift the car up to free her. An ambulance rushed her to the trauma centre at Sunnybrook Hospital. Vicky remembers his mother saying to him, "I don't know what's happening, I didn't do anything wrong."

She had multiple injuries and spent a week at Sunnybrook before being transferred to West Park. There she spent two months in rehab, regaining her strength and function. Vicky and his sister were often at the hospital to support her. "All the staff were very helpful," he says. "They told us we could stay with her if we needed to, and we could call and ask anything."

After her stay as an in-patient, Devinder returned regularly to West Park for outpatient therapy. She told her son that she was grateful for the help she was receiving and wanted to give something back. Vicky agreed. "A lot of people give to Sunnybrook, but not many give to rehab hospitals," he notes. "We can't give much, but we give as much as we can afford. I would still like to do more in the future."



Vicky says West Park is a special place. "Whenever I was there with my mum, I noticed that all the patients were happy and nobody had any complaints about the care. West Park is an important part of this community."

# GIVING TO HONOUR AN EXTRAORDINARY LIFE

Pat Martin makes a generous contribution in the name of her late husband, Bob

They met under a lamppost on the street where they both lived. His family had just moved in. She was in Grade 11, he was in Grade 13. They connected immediately and were soon going steady. Her parents disapproved but he was persistent.

It was young love, and it lasted. Bob and Pat Martin were married for 52 years when he died in 2011. Now Pat is remembering her wonderful life partner with a gift to name the café in West Park's new hospital.

Bob worked as a surveyor for Consumers Gas during summers in university, and then joined the company full-time when he graduated in engineering. An exceptional business leader, Bob moved quickly through the ranks, leading international projects in New Zealand, Australia, the U.K. and Brazil. In 1981, he was appointed President and CEO. "He liked everyone, and everyone, from the loading dock to the board room, liked him," says Pat. "He was respected for his intelligence, leadership and ability to communicate." Consumers became part of Enbridge, and Bob served on the board for many years after his retirement.

Bob was very community-minded and provided leadership to many major local charities over the years. He was on the West Park Healthcare Centre board from 1984 to 1996 and was chair of the Foundation board from 1991 to 1996. Pat says he was inspired in part by a young quadriplegic he met and befriended at West Park.

Bob and Pat raised three children and have 10 grandchildren. They were in the process of moving into an condominium when he became ill and



was hospitalized. Soon after his death, Pat had to undergo hip replacement surgery, and spent two weeks rehabilitating at West Park. Six months later, she had surgery on the other hip, and spent another week at the hospital. "They were very good to me," she says.

The Robert and Patricia Martin Café will be a central meeting place for patients, family members, staff and physicians – a warm, comfortable and light-filled space. It will open onto an outdoor patio, and the interior design will use stone and wood to help bring the outside in. Pat says she's sure her husband would approve of her gift: "Bob really believed in West Park and the wonderful contribution they make to help patients get their lives back."

### OUR DONORS

To each of our donors we are incredibly proud to say "THANK YOU" and to recognize your generosity in supporting West Park patients and their families, as well as the transformation of our campus currently underway. Your gifts are helping people facing enormous health challenges to get their lives back.

#### **CUMULATIVE GIVING**

We are proud to acknowledge our visionary donors who have given \$100,000+ for their lifetime commitment to West Park.

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#### **The National Sanitarium Association**

We are pleased to recognize the National Sanitarium Association, as the founding organization for West Park, for their generous support.

#### THE GET YOUR LIFE BACK CAMPAIGN

We are honoured to celebrate the following individuals and organizations that are investing in the future of West Park through the Get Your Life Back Campaign with current gifts and pledges for the redevelopment of West Park.

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We are honoured to recognize our forward-thinking supporters who have expressed their intention to include West Park in their will and estate plans.

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We are delighted to acknowledge giving of \$250+ from April 1, 2018 to March 31, 2019. Individual donors who contributed \$1,000 or more are celebrated for their generosity as members of the Hazel & Kingsley Fox Society.

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