



The Impact of Your Support

2020 REPORT TO DONORS



West Park
FOUNDATION

**get
your
life
back**



GIVING LIVES BACK

Your support is making a difference in the lives of our patients, now and for decades to come.

The 2019/2020 fiscal year was shaping up to be one of the most successful years ever for the West Park Foundation. We had a record year for cash gifts to the **Get Your Life Back Campaign**, and our events and annual programs were having banner years. Then for the West Park community, as for all of us, March ushered in a season of rapid change for patients and families, for staff, and for the Foundation as well.

At the outset of the COVID-19 pandemic, the hospital reacted quickly to ensure the health and well-being of our vulnerable patients as well as our front-line workers, and played a crucial role in the wider fight against the coronavirus by opening up additional beds for people requiring long-term ventilation. The Foundation supported the hospital in this difficult time through the launch of a dedicated COVID-19 Relief Fund and a special donation drive for Personal Protective Equipment, and we appreciate your generous support of these two initiatives.

The pandemic also meant that we needed to reassess all our popular signature events and look at new ways of engaging with our donor community. With regret, we cancelled this year's celebrity basketball event, Tournament of Stars; but in June, we launched a new virtual event, Gourmet at Home. It was a great success, with participants cooking and enjoying a wonderful three-course dinner with the help of an award-winning chef, all from the comfort of their own home.

Through this unprecedented time, one constant at West Park has been the ongoing construction of our new hospital and after more than a year of "early

works" preparation, the building is well underway. The Campaign to support the new hospital is also progressing and continues towards its Phase 1 goal of \$50 million, fuelled by significant growth in annual program donors and generous leadership gifts.

As the long-term health needs of COVID-19 victims become known, West Park's deep expertise in respiratory medicine and complex care will be needed more than ever. Our new, leading-edge facility will bring the very best in rehabilitative care to Ontario and help us meet any public health issues to come. With your continued generosity, we will make a difference in the lives of our patients now and in the future, helping them to recover, rehabilitate and get back to their lives, their homes, and their families.

On behalf of all the people who need West Park, thank you.



Georgina Steinsky
Chair, Board of Directors

Joanne Cole
Chief Executive Officer

BUILDING THE FUTURE OF HEALTHCARE

WEST PARK'S NEW HOSPITAL WILL HELP MORE PEOPLE GET BACK TO THEIR LIVES

"West Park is a miracle place. I wish more people could experience what happens at West Park," says university professor Kim Verwaayen.

When Kim arrived at West Park two years ago suffering from chronic obstructive pulmonary disease, she had just 54 per cent lung capacity and her violent coughing fits made everyday life a struggle. But after seven months in West Park's in-patient respiratory rehabilitation program, Kim was able to return to her home in London, Ont., and resume her academic career – and her life!

When West Park's new hospital is completed in 2023, more people like Kim will be helped to overcome severe illness and injury and get back to what they love to do. With expanded in-patient and outpatient

programs, our new facility will be able to accommodate the rising demand for our services and will enable us to meet the needs of Ontarians for decades to come.

West Park's deep expertise in respiratory medicine and complex care has given us a crucial role in the fight against COVID-19. As the Ontario Centre of Excellence for Long-Term Ventilation, West Park opened up 23 new beds to welcome chronically ventilated patients, and led the regional strategy to move medically stable patients requiring ventilation out of intensive care units to increase capacity for victims of the coronavirus.



“Our role is critical in moving these patients to more appropriate settings and allowing the ICUs to free up beds and ventilators for the patients who require that level of care,” says Raj Kohli, Clinical Practice Leader for Respiratory Therapy and the lead for West Park’s Long-Term Ventilation Strategy. “If we can’t get the patients out of the ICU, then a patient who is critically ill may not have access to a bed.”

And while this unprecedented pandemic has highlighted the need for our specialized services, the design of our new hospital was informed by lessons learned from the last time we battled a viral contagion, during the SARS epidemic almost 20 years ago.

One of the most remarkable features of the new hospital is that 80 per cent of the patient rooms will be private; the remainder will be semi-private and each patient will have their own personal washroom. These rooms will provide increased comfort and privacy for our patients, but will also help prevent the spread of infection among our vulnerable population. This, plus other infection prevention and control measures, will enhance the safety of our patients and our readiness to assist with future healthcare challenges.

“The design of our new hospital is focused on the needs of our patients. To give them the best possible patient-care experience, to help them recover and rehabilitate so they can get back to their lives, and to ensure their safety and well-being while they are with us,” says Anne-Marie Malek, President and CEO of West Park Healthcare Centre.

The \$80 million **Get Your Life Back Campaign** will make sure that our new hospital is a leading facility, one that is a match for the courage of our patients and the commitment of our staff. We are counting on the support of our community to help us meet this ambitious goal.

The Campaign received a boost early on with generous contributions from Canada’s five biggest banks and one of those gifts, \$500,000 from Scotiabank, is already having an impact on the lives of our patients.

The Scotiabank Youth Transition Program prepares young people with complex health conditions, who at 18 have transitioned out of their pediatric healthcare centre, to assume full responsibility for their own healthcare. It offers a one-year pathway program to provide young patients with the skills and knowledge they need to advocate for themselves and maintain healthy behaviour – and a youth lounge along with



After more than a year of preparatory work, in 2020 excavation began on West Park’s new hospital.

activities to help make their transition to an adult facility an enjoyable one!

The Campaign has also received generous support from many community foundations, including \$100,000 from the Harold E. Ballard Foundation and \$50,000 from the Nelson Arthur Hyland Foundation.

“Our new hospital will be a place of light, hope and healing, helping people on their journey back to health,” says Joanne Cole, CEO of West Park Foundation. “We are grateful for the generosity of our donors, for their dedication and the impact they are having on the lives of our patients.”



A FAMILY'S GIFT OF GRATITUDE

Two years into being on the West Park Foundation Board of Directors, Ian Troop's connection to the hospital became personal when, in 2017, his brother Alex was seriously injured in a snowmobile accident.

"He had 10 broken vertebrae, so he had his neck fused, rods put into his neck and back, and his ribs pinned," says Ian, who is Chair of the Foundation's **Get Your Life Back Campaign**. "He had spent three or four weeks in acute care, but was anxious to get back on his feet, back to running his business and his life. So rehab at West Park was the next logical step."

Witnessing his brother's rehabilitation gave Ian a new perspective on the hospital, and together with his father Fred, who was grateful for the care his son received, they made a \$100,000 family gift to the Campaign to fund a new space in the hospital.

The Frederick and Isabella Troop Family Dining Room and the Frederick and Isabella Troop Family Activity Room, named after Ian's parents, will help enhance the care experience for future musculoskeletal patients.

"We wanted it to be in a place where people would appreciate and enjoy the space, an area with high traffic that is well used by both patients and their families who are visiting," Ian says. "We decided on two spaces that happen to be in the in-patient unit where my brother spent time when he was recovering."

The dining rooms in the new hospital will have a huge impact on the life of West Park's patients, who will soon be able to join fellow in-patients, family and friends for communal meals. Currently, patients are served meals in their rooms, and often end up eating alone.

As Campaign Chair, Ian understands the important role of donations in helping healthcare systems meet the needs of their communities. But his appreciation of philanthropy dates back to his upbringing. His father and late mother, Isabella, taught their children the importance of recognizing their responsibility to their communities by leading by example.

"If we want to make it better, they taught us that we have a role to play to do that," Ian says. "We came to appreciate the fact that we can't change everything, but we can focus our efforts to make someone's life better. With the campus redevelopment and the building of the new hospital, it's a great moment to step in and make a difference at West Park."

'IT WAS SOMETHING SHE WOULD HAVE DONE'



When Don Buchanan first met Mary-Jean Deeth, he didn't know that their friendship would evolve into a relationship that spanned more than three decades. In the 1970s, they both worked for the same company, in two different divisions that shared a building. But it wasn't until years later, when Don and Mary-Jean had ended their previous marriages that they reconnected and embarked on a life together.

In 35 years, and with five kids between them, they shared many adventures, up until Mary-Jean's death in October 2019.

Don says Mary-Jean was very intelligent and unflappable, and that theirs was an easy going relationship because their personalities were so similar. They even started a rubber importing business together in 1986. Mary-Jean ran the office, while Don managed the buying and selling of their product. Their business grew over the years and took them all over the world. They travelled to visit suppliers in China, Taiwan, Turkey, Italy and Spain, enjoying local delicacies and sights in the cities they visited.

They cultivated a passion for travel that continued into their retirement in 2004. They spent much of their retirement years volunteering, donating to a number of charities and travelling the world, including trips to Greece, South Africa and Australia, where Don has relatives; as well as a number of cruises.

Don recently returned from a trip to New Zealand in March, where he visited a friend from his university days that he's known since 1959.

"My friend said if you come visit us, we will drive you all the way around the North Island," Don says. "Mary-Jean was still alive at the time, so we made the booking together. But then she passed away, so I did the trip alone."

Don and Mary-Jean enjoyed slowing down during their retirement after their busy careers. They loved to give their time and money to causes close to their hearts in Toronto's Weston community. They both shared a passion for helping youth and other disadvantaged people.

As a member of the Toronto Humber Rotary Club, Don has been a long-time supporter of West Park, volunteering at the Foundation's annual Christmas cookie and gingerbread house sale. The Club also raised money for the hospital through its charitable bingo events.

Don recently made a personal gift in memory of his life partner to name the Mary-Jean Deeth Resting Alcove. Throughout the new hospital, there will be resting alcoves that will allow patients, families, staff and other visitors to sit and enjoy moments of quiet reflection or share in lively social chats.

"When Mary-Jean's father died she had donated a bench to a park in Mount Forest, Ont., which is where they lived," says Don. "I thought she would like the idea of the resting alcove because she was a very gregarious kind of person. It was something she would have done."



A COMMUNITY PARTNERSHIP GROWS STRONGER

West Park has many wonderful neighbours in the Mount Dennis community, including the Irving Tissue plant on Weston Road, a tissue production and converting plant that J.D. Irving, Limited, a New Brunswick-based company acquired in 2001.

This was an important milestone for Irving Tissue because, along with the plant, it also acquired the rights to the ROYALE® tissue brand in Canada.

“That was the beginning of our national brand,” says Robert K. Irving, President of Irving Tissue. “Prior to the acquisition, our branded products were regionally focused in Atlantic Canada.”

J. D. Irving is a privately held, family-owned group of companies that covers many industries across North America. The company’s diverse range of businesses includes transportation, forestry, frozen potato products, baby diapers and household tissue products among other businesses.

Ed Lamoureux, a long-time employee of J.D. Irving, relocated to Toronto from New Brunswick as part of the company’s transition. Mr. Lamoureux sadly passed away in 2016, but in those early days in Toronto, he was instrumental in forging relationships between the company and its neighbours in Toronto’s Mount Dennis community, especially West Park.

“As a neighbour and local employer in the community, we are always happy to support West Park,” says Mr. Irving. “We believe in supporting the communities where our employees live and work.”

Since 2004, Irving Tissue has supported West Park through donations and sponsorships of Foundation events. Recently, the company made a generous gift of \$100,000 to name The ROYALE® Activities of Daily Living Training Room in the new hospital.

The ROYALE® Activities of Daily Living Training Room will be located in the new Rehab Plus facility and will be a place where patients and their families will work with occupational therapists in a simulated home environment. Patients will have the chance to re-learn their kitchen skills and abilities in a safe and positive space.

Mr. Irving and Irving Tissue employees are excited to see the new West Park, which will transform the hospital’s 27-acre campus, and feature expansive outdoor grounds and public access to new parkland, trails and gardens.

“For the hospital to play that kind of role and be a community partner, just adds to the community in a new and interesting way,” says Mr. Irving.

CITY BUILDERS GIVE BACK

The Carpenters' Union has a rich history in the city of Toronto that spans nearly 140 years. Their members include certified trades construction and non-construction carpentry workers.

"We are building a city, which means all of the infrastructure that is so crucial for families and our communities to have a decent life," says Mike Yorke, President of the Carpenters' District Council of Ontario. "And at the same time we are city builders, in the broadest sense. We are helping to build communities, and creating opportunities for new Canadians and the next generation of skilled trade workers. So when healthcare services need our support, we are there."

The Carpenters' District Council of Ontario is made up of 16 affiliated locals, including Local 27 and Local 675, which have been strong supporters of West Park over the past decade.

"We could see that the hospital was evolving, and its capacity of care was going to grow and expand," says Mr. Yorke. "For us, there is a sense of pride that some of the best healthcare in the world are projects that we are involved with, that our members are working on."

Their generous support of fundraising efforts includes sponsoring the Foundation's Golf Classic and the Tournament of Stars, the annual celebrity basketball tournament.

"We put forward teams for the Tournament of Stars and loved its very unique approach to fundraising," says Mr. Yorke. "It's a very exciting and fun event, our members loved participating."

Local 27 and Local 675 recently joined together to make a generous gift of \$250,000 to support our new world-class hospital. The gift will name the Rehab Plus Therapy Courtyard and Basketball Court.

The large Courtyard will provide a private therapeutic space for mobility-focused outpatient rehabilitation. The outdoor space will feature a range of real world conditions, such as stairs, ramps, and uneven surfaces; as well as a basketball net and rebound wall for athletic drills.

"We hope that our members will see that their union is playing a strong and active role in the community," says Mr. Yorke when discussing the impact of the gift.

The Carpenters' Union has been a strong advocate for workplace safety, and believes that health and safety training is crucial to protecting workers. But for members who unfortunately do become injured on the job, Mr. Yorke stresses the importance of rehabilitation in helping them recover and get their lives back.

"Rehab is key because injured workers want to get back to work," he says. "And we are there to support our members every step of the way toward reintegrating workers back to a job site."



A GIFT TO ENTERTAIN WEST PARK'S YOUNG VISITORS



When patients come to West Park for rehabilitation or complex continuing care, their stay is often measured in weeks, months and even years. But for patients with young family members, the separation can be especially difficult.

The new West Park will be designed to increase the comfort of patients and their families, with indoor and outdoor amenities that will make the hospital an enjoyable place for children to visit a parent or grandparent they may be missing terribly.

Members of the West Park community, including the Kiwanis Club of Kingsway Humber, are making generous contributions to the **Get Your Life Back Campaign** to help build an integrated campus of care that will enhance the care experience for patients.

The Kingsway Humber club recently made a gift of \$25,000 to create a children's play area in the main concourse of the new hospital. The Kiwanis Club of Kingsway Humber Children's Play Area will be an accessible space for patients to make happy memories with their young visitors. This gift reflects Kiwanis' wonderful commitment to improve the lives of children, one community at a time.

"We hope the children's play area will provide a positive experience for families visiting West Park," says Stuart Roberts, President of the Kiwanis Club of Kingsway Humber. "Young visitors will soon have an area where they can be engaged with activities."

The Kiwanis Club of Kingsway Humber was established in 2004 through the union of two clubs that each had a remarkable history of community service. Its volunteers have a long history with West Park, including Syd Collier, who volunteered with Kiwanis for 45 years. Syd was a volunteer in West Park's amputee outreach program, helping to motivate patients. In 2010, Kiwanis donated \$5,000 to West Park in Syd's honour. Sadly, he passed away in 2011.

"We are grateful for Kiwanis' contribution to help build the new West Park," says Joanne Cole, CEO of West Park Foundation. "Their commitment to the West Park community will have a lasting impact on our patients and their families, and will help make the care experience even better for patients with young families."

OUR DONORS

To each of our donors, thank you for your support of West Park Healthcare Centre. We are proud to recognize your generosity and dedication to our patients and the transformation of our campus. Your gifts are helping people facing serious injury and illness to get their lives back and live to their fullest potential.

CUMULATIVE GIVING

We are proud to acknowledge our visionary donors who have given \$100,000+ for their lifetime commitment to West Park.

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Gord Wilson & Family
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Anonymous (3)

The National Sanitarium Association

We are pleased to recognize the National Sanitarium Association, as the founding organization for West Park, for their generous support.

THE GET YOUR LIFE BACK CAMPAIGN

We are honoured to celebrate the following individuals and organizations that are investing in the future of West Park through the Get Your Life Back Campaign with current gifts and pledges for the redevelopment of West Park.

\$1,000,000+

West Park Healthcare Centre
Anonymous (1)

\$100,000 - \$999,999

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We are honoured to recognize our forward-thinking supporters who have expressed their intention to include West Park in their will and estate plans.

Stephen Baker & Helen Mean
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ANNUAL GIFTS

We are delighted to acknowledge giving of \$250+ from April 1, 2019 to March 31, 2020. Individual donors who contributed \$1,000 or more are celebrated for their generosity as members of the Hazel & Kingsley Fox Society.

\$100,000+

BMO Financial Group
Carpenters' District Council of Ontario,
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