



The Impact of Your Support

2021 REPORT TO DONORS

 **West Park** **get**
FOUNDATION **your**
life
back



MAKING A DIFFERENCE

With your support, West Park continued to help patients recover and rebuild their lives in 2020.

It’s been a year of change and growth at West Park. As the pandemic continues, so does our role in the fight against COVID-19. We continue to welcome an ever increasing number of patients with complex medical needs from local acute care hospitals, and are now helping to vaccinate members of the communities around West Park, which are some of the hardest hit neighbourhoods in the GTA.

Throughout it all, and in the midst of strict restrictions and protocols, our physicians and staff have continued to provide the excellent care and patient support for which we are known. Commitment, caring and ingenuity – most definitely!

And our new hospital continues to grow and take shape. What was, just 16 months ago, an excavation site now stands at its full six storeys, a welcome sight that inspires hope and optimism for the future of West Park.

As does the generosity of our dedicated donor community.

With your support, the **Get Your Life Back Campaign** to support the new hospital is now past the 50 per cent mark of our Phase 1 goal of \$50 million, a significant milestone in our efforts to ensure our new facility is the very best it can be. In 2020, we were also excited to launch the Founders Circle, a new giving society that recognizes the generous individuals and organizations that are helping to “found” the new West Park with gifts of \$100,000 or more.

We also embraced virtual events in the past year and were delighted that our donor community did as well.

One welcome development was that people living far outside Toronto were able to join in, including at our annual donor appreciation event.

Our most popular events, however, have been our series of “gourmet at home” evenings with renowned Canadian chef Lynn Crawford. They have been sell-out successes and a bright spot in a very challenging year. We look forward to continuing to bring our community together virtually, even as we hope for a return to in-person events before too long.

All of our events, whether virtual or in-person, are important sources of support for West Park. But no matter how you show your support – as a Campaign contributor, annual or monthly donor, legacy donor, or event participant – you are making a real difference in the lives of our patients, now and for decades to come. Thank you.



Georgina Steinsky
Chair, Board of Directors

Joanne Cole
Chief Executive Officer



Kelly Kadechuk and her mother Patricia at West Park's Big Dig Celebration in February 2020.

BUILDING A BETTER PATIENT EXPERIENCE

"There is so much I'm looking forward to seeing that every day I watch the construction to see how fast it's going up."

West Park resident Lynda McGillivray, pictured on the cover, is looking forward to the new hospital for many reasons, including the single-bed rooms and connection to nature that will be hallmarks of the new building.

"I am looking forward to the technology in the rooms, which are very spacious, and also having my own washroom," says Lynda, adding that while she is eager to have a private room she will miss having laughs with her roommates.

Kelly Kadechuk is also looking forward to having her own room, "with large windows for great natural light all year round."

One key difference between an acute care hospital and a rehabilitation hospital is length of stay. While a patient

might spend just days in acute care, the journey they embark on at a rehab hospital to recover and rebuild their life can often be measured in months. And for West Park's complex continuing care patients, like Kelly and Lynda, the hospital is their home.

The new building will include many features that will make West Park as home-like as possible for patients and their families, with the new patient rooms among the most significant.

Eighty per cent of the rooms will be private, with the remainder semi-private, and each patient will have their own three-piece washroom. Larger and lower windows will give patients a view of the natural surroundings, while a "family zone" will provide space for visiting, including a sleeper chair for when needed.

The rooms will also be more technologically advanced, with integrated bedside terminals that will allow patients to access their care team, educational resources, entertainment and room controls.

"I am excited about different technologies that will be implemented in the new building," says Kelly. "The bedside and room technology will give patients a sense of independence and allow us to do it ourselves without needing outside assistance for those everyday tasks."

Other spaces both in and outside the hospital will not only better connect patients with the healing power of nature, but will provide better opportunities for patients to connect with their loved ones and fellow patients. The splendid terraces on each floor will be a relaxing venue to socialize or enjoy private moments, while patients will be able to enjoy each other's company, or that of family and friends, in the dining rooms located in each unit.

Both Lynda and Kelly are looking forward to the new outdoor spaces and gardens.



"I love the outdoors, and will be able to sit on the terrace and enjoy the view," says Lynda.

Kelly says she is a nature and landscape enthusiast. "It will be nice to have somewhere to drive around in my wheelchair to reconnect with nature. It will also be a great place for gathering with friends and family."

A GROWING ROLE IN THE FIGHT AGAINST COVID

Shortly after the pandemic struck, it became clear that West Park's deep expertise in respiratory medicine and long-term ventilation would give us a crucial role in the fight against COVID-19. And that has certainly been the case.

Over the past 15 months, West Park has opened 23 additional beds for medically stable but chronically ventilated patients, and continues to accept transfers from acute care facilities that are overburdened by COVID cases. This helps relieve some of the pressure being faced by acute care hospitals in the GTA, freeing-up much needed resources to care for victims of the virus.

In March, West Park opened a vaccination clinic onsite to make vaccines available to people in the communities close to the hospital. West Park has now opened a second clinic, located at the Community

Place Hub on Weston Road, in partnership with members of the West Toronto Ontario Health Team.

"We are proud of the role we've played to help combat COVID-19, within our hospital, in our local community and throughout the GTA," says Anne-Marie Malek, President and CEO of West Park Healthcare Centre.



A FAMILY'S LEGACY OF GIVING CONTINUES TO GROW

When Kingsley Fox joined the West Park Board of Directors in the late 1970s, he ensured that the experience was one that he could share with his family.

Together with his wife Hazel, the couple devoted their time to helping advance West Park's mission. The cause was soon taken up by their son-in-law David Fuller and their daughter Heather, who joined them at events with their two young daughters. By the early 1980s, David, who is now a retired lawyer and former CEO of Fraser Milner Casgrain (now Dentons Canada), joined the hospital's board and served as vice-chair.

"All together, there have been four of us in three generations who have been on the board," says Heather, who spent 10 years as a hospital board member, and served as chair from 1999 to 2001; while David returned to West Park in 2007 to join the Foundation board, which he chaired. "And



our daughter Kathryn, who is a lawyer and partner at Borden Ladner Gervais, is currently on the Foundation board."

The Fuller family's connection to West Park is also a personal one. David's mother, who suffered from dementia, was a resident of the Complex Continuing Care Unit for 10 years. The family appreciated the exceptional quality of care she received at the hospital.

Throughout the years, the family has provided financial support to West Park. And recently, David and Heather, along with their daughter Kathryn and her spouse Fabrice de Dongo made a generous family gift to the **Get Your Life Back Campaign** to name three spaces in the new hospital: The Fuller Family Boardroom, Hazel & Kingsley Fox Memorial Amphitheatre and The Fuller/Fox Garden.

"We are thrilled that West Park will have a new facility," says Heather. "There was once a Hazel and Kingsley Fox Courtyard on the hospital grounds, so the new Amphitheatre will be a continuation of their legacy. It will be a pleasant outdoor event space for patients, families and staff to enjoy."

The Fuller Family Boardroom was a fitting choice as well. But the new hospital will also commemorate another family joy, their shared love of gardens.

"We all have a passion for gardens and know first-hand how important the outdoor experience is for health and wellness," she says. "We look forward to being a part of the beautiful, welcoming new West Park."



KEEPING THE LIFE YOU GOT BACK

*By Donald L. Macdonald Q.C.
Retired*

My long association with West Park began in the mid-1970s when the skilled and dedicated prosthetist who had made and serviced my left below-the-elbow prosthesis retired.

The advice from my father, who had been Chief of Medicine at Sunnybrook while it was a veteran's hospital, was "you better get yourself over to West Park" and he offered to facilitate the introduction. I soon realized that West Park was the passport to keeping the life I had worked to get back.

If you ask why, it is because whenever either of the two prosthetic left arms West Park built for me has been in need of repair or replacement, the attitude and approach of the wonderful medical and technical staff at West Park has always been "what is the best solution for this patient," as they consistently worked to get me a properly fitted and functional prosthesis as soon as possible.

Let me illustrate this with an example. On a recent occasion, as I sat in the prosthetics department waiting for a diagnosis of a malfunction and fully expecting to be told by the technician that I would have to leave the prosthesis with them for a couple of days, I actually started to chuckle when I heard the sound of a drill and realized that my prosthesis was being repaired there and then. I said to myself, how often does one have a problem with a sophisticated apparatus diagnosed and repaired the same day, but this was West Park, and true to their approach and commitment, the technician saw that there was a ready fix, so why not do it now and let this man walk out with his hand.



Since my prostheses were so well made, my visits to West Park as a patient have been sporadic over nearly five decades. But those visits, and just knowing that West Park has and will be there to help me keep the life I got back after my traumatic amputation as a teenager, coupled with the inner strength I have seen in the faces of other more seriously disabled patients, have always left me with a renewed sense of encouragement.

My experience also left me wanting to show my appreciation by making annual contributions to West Park and becoming a member in the Hazel and Kingsley Fox Society. I have also enjoyed attending various events, including the Groundbreaking Ceremony in 2018 for the new hospital.

And what a wonderful hospital the new West Park Healthcare Centre promises to be, not only because it will be a state-of-the-art and larger facility, but because it will be imbued with the spirit of West Park and its renowned reputation, earned over its long and remarkable history through the skill and dedication of all those who have served at the hospital.

MAKING A DIFFERENCE AS A COMMITTED VOLUNTEER



For his entire life, Bruno Amadi has lived within three kilometres of West Park Healthcare Centre. But it wasn't until he was in high school, in the late 1970s, that he first stepped on the hospital's 27-acre grounds, while working his summer job for the old City of York.

"I still remember that bright, warm summer day, and how quiet and pastoral the campus was," says Bruno, a retired Partner at KPMG. "Today, I can probably see the cranes building the new hospital if I walk a few streets away from my house."

Bruno was formally introduced to West Park in the mid-1990s by John Nunziata, the local Member of Parliament at the time, who encouraged him to get involved with the hospital. So Bruno joined the Foundation board and was a member for the next five years.

"I saw all the good work that West Park was doing, how unique the facility and the services are, and how they fit into the whole healthcare system," Bruno says. "I also started contributing modest donations to the hospital at this time."

Nearly a decade after he left the board, Bruno's mother, Giannina came to West Park to recover from hip surgery. This experience gave him a new perspective on West Park, which he says reinforced the quality and uniqueness of the hospital.

"She was so well taken care of that she didn't want to leave at the end of her rehabilitation," he says. "That's how good the care was."

Bruno's path led him back to West Park once again in 2016, as the capital campaign to build the hospital's new leading-edge facility ramped up. As a Campaign Cabinet member, he has shared his expertise to help advance the Foundation's fundraising efforts; and helped increase the awareness of the Campaign by reaching out to his vast personal network.

Bruno and his wife Frances have also made a generous donation of \$100,000 to support the new hospital. With this gift, they are now members of the Founders Circle, a special giving society that recognizes donors whose significant contributions are helping to establish the new hospital.

"My whole career has been about helping people and companies improve their circumstances. Volunteering is just a natural extension of that," he says. "I feel happy that we are able to make a meaningful contribution that will help West Park make a difference in the community."

HELPING MAKE A BIGGER VISION COME TOGETHER

When Dorothy Morrison first came to West Park Long-Term Care Centre (LTCC), her family was cautiously optimistic for good reason. They had already been to seven other facilities, and couldn't find a place that was well suited to care for her. At the time, she was 75 and living with Pick's Disease, a rare form of dementia.

"We were having a real tough time because she was beyond the point where my dad could care for her anymore," her son Don recalls. "We were trying to find a place that could provide the care she needed, but we had real problems getting her settled in."

But when they arrived at West Park LTCC, they were reassured by staff who understood the complexities of dealing with someone who had dementia. The family was relieved to have found a place where she would be safe and well cared for.

"She spent a better part of two years there and it was fantastic," Don says. "The quality of the people and the level of care were just amazing."

The care staff continuously exceeded the family's expectations. When they learned that Dorothy had been a registered nurse in the earlier part of her career, they would let her sit at the nurse's station and give her small tasks that made her feel like she was contributing.

"This made her so happy," Don says. "It was just an amazing place that didn't compare to anything we had seen elsewhere."

Years later, as Don approached his retirement, he was invited by his long-time friend Ian Troop, Chair of the Foundation's **Get Your Life Back Campaign**, to join the Capital Campaign Cabinet to help raise funds to build West Park's new hospital. Don, whose mother passed away in 2002, still had a fondness for West Park and was excited to support the cause.



In addition to this volunteer work and his event participation, Don and his wife Connie recently made a generous gift of \$50,000 to name the Long-Term Care Centre Garden on the new West Park Campus.

"The design of the new hospital will be so warm and welcoming, just like the character of the staff," he says. "My late father was a supporter of West Park as well, and he would have been proud to see the family's name connected with the hospital. Especially in an outdoor setting where he and my mother enjoyed spending time together."

"In a small way, we are making this bigger vision come together – it will take a lot of contributions to make this hospital come alive."

A GIFT TO INSPIRE HOPE AND INDEPENDENCE

John and Sue Franklin truly understand the need for a strong healthcare system that can support our aging population. Through their parents, the couple, who live in Toronto’s west end, have experienced many aspects of healthcare, including managing chronic diseases.

In 2007, when John’s mother was 97, she spent a few months in West Park’s Complex Continuing Care unit.

“I knew of the hospital’s great reputation,” says John, who was first introduced to West Park through a friend who sat on the Foundation’s Board of Directors. “My mother’s care was very good while she was there.”

Soon after, John was invited to join the board, where he learned even more about the hospital, and all it had to offer its unique patient population.



“I had trained in hospital administration, but only pursued it briefly as a career before becoming an entrepreneur,” says John. “I always had an interest in the healthcare field and believed I could make a contribution.”

Over the six years John spent on the board, he and Sue had the pleasure of attending many fundraising events that cemented their strong impression of the hospital.

“We heard so many amazing stories of recovery from former patients about how West Park gave them hope and the skills they needed to renew their life,” says Sue. “We knew we wanted to continue supporting the hospital after John left the board. And the new hospital, with its modern facilities, will be an excellent change for healthcare in Toronto’s west end, and beyond.”

West Park is home to the largest in-patient amputee rehabilitation program in Canada. Each day, 15 people in Ontario will lose a limb; and as the population ages, the number of amputations is expected to grow.

John and Sue Franklin’s gift of \$100,000 to name the Activities of Daily Living (ADL) Kitchen in the Amputee and Musculoskeletal Unit will provide rehabilitation patients with a safe and positive environment to relearn their kitchen skills, and return home with confidence.


“My mother lost her leg to arteriosclerosis. She came home after three months of rehabilitation and spent the next seven years unable to do much for herself,” says Sue. “My mother wasn’t a West Park patient, but this kitchen will allow people like her to regain the skills they need to be independent in their post-amputation life.

“We have been very fortunate in our life, so we want to do what we can to help make things better for others.”

OUR DONORS

THE GET YOUR LIFE BACK CAMPAIGN

We are honoured to celebrate the following individuals and organizations that are investing in the future of West Park through the Get Your Life Back Campaign, with current gifts and pledges for the redevelopment of the hospital.



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We are pleased to recognize the National Sanitarium Association, as the founding organization for West Park, for their generous support.

ANNUAL GIFTS
We are delighted to acknowledge gifts to West Park from April 1, 2020 to March 31, 2021. Individual donors who contributed \$1,000 or more are celebrated for their generosity as members of the Hazel & Kingsley Fox Society.



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